

## HOLISTIC PERFORMANCE RUBRIC

**GRADE:** \_\_\_\_\_ **CLASS:** \_\_\_\_\_

<b>Proficient 4</b>	Consistently performs balancing, traveling, rolling, weight transfer and combinations/sequences using critical cues. Executes each skill and combination/sequence with proficiency and is always open and willing to try new educational gymnastics challenges. Conducts himself/herself safely and with consideration of others.
<b>Competent 3</b>	Performs skills with occasional errors in form and outcome. Can perform 4 out of the 5 skills (balancing, traveling, rolling, weight transfer and combinations/sequences) with competence. Conducts himself/herself safely without disrupting the learning environment.
<b>Lacks Competence 2</b>	Performs skills with frequent errors in both form and outcome. Rarely displays competence in the educational gymnastics skills of balancing, traveling, rolling, weight transfer and combinations/sequences. Occasionally creates unsafe situations.
<b>Well Below Competence 1</b>	Displays unsatisfactory effort toward skill development and an unwillingness to attempt educational gymnastics tasks and challenges. Often breaks safety rules and disrupts the learning environment.

Student Name	Score	Comments
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