

K-5 Curriculum Map At-A-Glance

	K-2	3-5
Week 1 (Sept)	Back to School: The Fun Routine	Back to School: Minute to Win
Week 2	Back to School: The Fun Routine	Back to School: Minute to Win
Week 3	Locomotor & Manipulatives	Fitness Knowledge
Week 4	Locomotor & Manipulatives	Fitness Knowledge
Week 5 (Oct)	Instant Activities	Instant Activities
Week 6	Flag Tag	Flag Football
Week 7	Flag Tag	Flag Football
Week 8	Pumpkin Patch	Pumpkin Patch
Week 9	Pumpkin Patch	Pumpkin Patch
Week 10 (Nov)	Foot Skills	Soccer
Week 11	Foot Skills	Soccer
Week 12	Gratitude Games	Gratitude Games
Week 13	Gratitude Games	Gratitude Games
Week 14 (Dec)	Winter Wonderland	Winter Wonderland
Week 15	Snowman Championships	Snowman Championships
Week 16	Snowman Championships	Snowman Championships
Week 17 (Jan)	Personal & Social Responsibility	Personal & Social Responsibility
Week 18	Personal & Social Responsibility	Plug & Play Fitness
Week 19	Yoga & Mindfulness	Yoga & Mindfulness
Week 20	Yoga & Mindfulness	Yoga & Mindfulness
Week 21 (Feb)	Educational Gymnastics	Educational Gymnastics
Week 22	Educational Gymnastics	Educational Gymnastics
Week 23	Run for Fun	Jump Rope
Week 24	Run for Fun	Jump Rope
Week 25 (Mar)	Scooter Activities	Scooter Activities
Week 26	Pi Day	Pi Day
Week 27	Ball Handling & Dribbling	Basketball
Week 28	Ball Handling & Dribbling	Basketball
Week 29 (Apr)	Volleying & Striking	Volleyball
Week 30	Volleying & Striking	Volleyball
Week 31	Dance	Dance
Week 32	Dance	Dance
Week 33	Parachutes Games	Small Parachute Cooperatives
Week 34 (May)	Field Day	Field Day
Week 35	Field Day	Field Day
Week 36	Rhythm Fit	Pickleminton
Week 37	Rhythm Fit	Street Racket
Week 38 (June)	Limited Equipment	Hoop Ball
Week 39	Limited Equipment	Bat and Ball Games
Week 40	Hopscotch	Backyard Games

Grades 6-8 Curriculum Map At-A-Glance

	6-8
Week 1 (Sept)	Back to School: Adventure Learning
Week 2	Back to School: Adventure Learning
Week 3	Minute to Win
Week 4	Instant Activities
Week 5 (Oct)	Health and Wellness
Week 6	Fitness Knowledge
Week 7	The Adventure Mile (Fitness Running)
Week 8	Team Invasion
Week 9	Flag Football
Week 10 (Nov)	Soccer
Week 11	Instant Activities
Week 12	Gratitude Games
Week 13	Gratitude Games
Week 14 (Dec)	Circus Arts
Week 15	Winter Wonderland
Week 16	Winter Wonderland
Week 17 (Jan)	OPEN 8 Challenge
Week 18	Plug & Play Fitness
Week 19	Roundnet
Week 20	Roundnet
Week 21 (Feb)	Jump Rope
Week 22	Rhythm Fit
Week 23	Dance
Week 24	Basketball
Week 25 (Mar)	Basketball
Week 26	Pi Day
Week 27	Pickleball
Week 28	Pickleball
Week 29 (Apr)	Floor Hockey
Week 30	Team Tabata
Week 31	Tabata Training
Week 32	Golf
Week 33	Golf
Week 34 (May)	Ultimate Disc
Week 35	Ultimate Disc
Week 36	Rugby
Week 37	Stickball
Week 38 (June)	Hoop Ball
Week 39	Hoop Ball
Week 40	Backyard Games

Grades 9-12 Curriculum Map At-A-Glance

	9-12
Week 1	Adventure Learning
Week 2	Adventure Learning
Week 3	Minute to Win
Week 4	Instant Activities
Week 5	Cooperative Invasion
Week 6	Creative Mode Fitness
Week 7	Volleyball
Week 8	Tai Chi
Week 9	Badminton
Week 10	Skill-Related Fitness
Week 11	Plug & Play Fitness
Week 12	Basketball
Week 13	Basketball
Week 14	Basketball
Week 15	Fitness Running
Week 16	Lifetime Fitness with NYRR
Week 17	Roundnet
Week 18	Roundnet
Week 19	Roundnet
Week 20	Backyard Games