**K-5 Curriculum Map At-A-Glance**

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|  | **K-2** | **3-5** |
| Week 1 (Sept) | Back to School: The Fun Routine | Back to School: Minute to Win |
| Week 2 | Back to School: The Fun Routine | Back to School: Minute to Win |
| Week 3 | Locomotor & Manipulatives | Fitness Knowledge |
| Week 4 | Locomotor & Manipulatives | Fitness Knowledge |
| Week 5 (Oct) | Instant Activities | Instant Activities |
| Week 6 | Flag Tag | Flag Football |
| Week 7 | Flag Tag | Flag Football |
| Week 8 | Pumpkin Patch | Pumpkin Patch |
| Week 9 | Pumpkin Patch | Pumpkin Patch |
| Week 10 (Nov) | Foot Skills | Soccer |
| Week 11 | Foot Skills | Soccer |
| Week 12 | Gratitude Games | Gratitude Games |
| Week 13 | Gratitude Games | Gratitude Games |
| Week 14 (Dec) | Winter Wonderland | Winter Wonderland |
| Week 15 | Snowman Championships | Snowman Championships |
| Week 16 | Snowman Championships | Snowman Championships |
| Week 17 (Jan) | Personal & Social Responsibility | Personal & Social Responsibility |
| Week 18 | Personal & Social Responsibility | Plug & Play Fitness |
| Week 19 | Yoga & Mindfulness | Yoga & Mindfulness |
| Week 20 | Yoga & Mindfulness | Yoga & Mindfulness |
| Week 21 (Feb) | Educational Gymnastics | Educational Gymnastics |
| Week 22 | Educational Gymnastics | Educational Gymnastics |
| Week 23 | Run for Fun | Jump Rope |
| Week 24 | Run for Fun | Jump Rope |
| Week 25 (Mar) | Scooter Activities | Scooter Activities |
| Week 26 | Pi Day | Pi Day |
| Week 27 | Ball Handling & Dribbling | Basketball |
| Week 28 | Ball Handling & Dribbling | Basketball |
| Week 29 (Apr) | Volleying & Striking | Volleyball |
| Week 30 | Volleying & Striking | Volleyball |
| Week 31 | Dance | Dance |
| Week 32 | Dance | Dance |
| Week 33 | Parachutes Games | Small Parachute Cooperatives |
| Week 34 (May) | Field Day | Field Day |
| Week 35 | Field Day | Field Day |
| Week 36 | Rhythm Fit | Pickleminton |
| Week 37 | Rhythm Fit | Street Racket |
| Week 38 (June) | Limited Equipment | Hoop Ball |
| Week 39 | Limited Equipment | Bat and Ball Games |
| Week 40 | Hopscotch | Backyard Games |

**Grades 6-8 Curriculum Map At-A-Glance**

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|  | **6-8** |
| Week 1 (Sept) | Back to School: Adventure Learning |
| Week 2 | Back to School: Adventure Learning |
| Week 3 | Minute to Win |
| Week 4 | Instant Activities |
| Week 5 (Oct) | Health and Wellness |
| Week 6 | Fitness Knowledge |
| Week 7 | The Adventure Mile (Fitness Running) |
| Week 8 | Team Invasion |
| Week 9 | Flag Football |
| Week 10 (Nov) | Soccer |
| Week 11 | Instant Activities |
| Week 12 | Gratitude Games |
| Week 13 | Gratitude Games |
| Week 14 (Dec) | Circus Arts |
| Week 15 | Winter Wonderland |
| Week 16 | Winter Wonderland |
| Week 17 (Jan) | OPEN 8 Challenge |
| Week 18 | Plug & Play Fitness |
| Week 19 | Roundnet |
| Week 20 | Roundnet |
| Week 21 (Feb) | Jump Rope |
| Week 22 | Rhythm Fit |
| Week 23 | Dance |
| Week 24 | Basketball |
| Week 25 (Mar) | Basketball |
| Week 26 | Pi Day |
| Week 27 | Pickleball |
| Week 28 | Pickleball |
| Week 29 (Apr) | Floor Hockey |
| Week 30 | Team Tabata |
| Week 31 | Tabata Training |
| Week 32 | Golf |
| Week 33 | Golf |
| Week 34 (May) | Ultimate Disc |
| Week 35 | Ultimate Disc |
| Week 36 | Rugby |
| Week 37 | Stickball |
| Week 38 (June) | Hoop Ball |
| Week 39 | Hoop Ball |
| Week 40 | Backyard Games |

**Grades 9-12 Curriculum Map At-A-Glance**

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|  | **9-12** |
| Week 1 | Adventure Learning |
| Week 2 | Adventure Learning |
| Week 3 | Minute to Win |
| Week 4 | Instant Activities |
| Week 5 | Cooperative Invasion |
| Week 6 | Creative Mode Fitness |
| Week 7 | Volleyball |
| Week 8 | Tai Chi |
| Week 9 | Badminton |
| Week 10 | Skill-Related Fitness |
| Week 11 | Plug & Play Fitness |
| Week 12 | Basketball |
| Week 13 | Basketball |
| Week 14 | Basketball |
| Week 15 | Fitness Running |
| Week 16 | Lifetime Fitness with NYRR |
| Week 17 | Roundnet |
| Week 18 | Roundnet |
| Week 19 | Roundnet |
| Week 20 | Backyard Games |